



Northwest Regional Re-entry Center

Resident Handbook March 2026



**6000 NE 80th Avenue
Portland, Oregon 97218
Phone: (503) 546-0470 Fax: (503) 546-0487**

Retain this handbook or reference it at www.nw-rrc.org

Table of Contents

Chapter One: Introduction

1. Northwest Regional Re-entry Center History & Philosophy
2. Northwest Regional Re-entry Center Program
3. Resident Participation
4. Mission Statement
5. Residents Rights, Responsibilities and Grievance Procedure
6. Prison Rape Elimination Act (PREA)

Chapter Two: Program Guidelines

1. Programming
2. Family Reunification
3. Accountability
4. Escape/Abscond Status
5. Program Components
6. Check In/Out Policy
7. Authorized Absences
8. Resident Approval Process
9. Passes
10. Home Confinement
11. Furlough
12. Urinalysis and Breathalyzer Testing
13. Treatment & Programming
14. Mental Health Services
15. Medications
16. Medical Care and Information /Affordable Care Act
17. Employment and Job Search
18. Financial Obligations
19. Subsistence
20. Electronic Devices
21. Driving Privileges
22. Media Contact

Chapter Three: Rules of Residency and Facility Definitions

1. Facility Boundaries and Restricted Area
2. Tobacco Smoking on Facility Grounds
3. Conduct Inside and Outside Facility
4. Room Assignments
5. Criteria for Requesting Room Change
6. Rules Regarding Resident Rooms
7. Daily Room Inspection Guidelines
8. Resident Property
9. Property Disposal Form

10. Musical Instruments
11. Dress Code
12. Food, Beverage and Dietary Supplements
13. Facility Chores
14. Visiting Regulations
15. Acceptable Identification Documents
16. Visiting Hours
17. Visiting Procedures
18. In-house Visiting
19. Telephone Calls
20. Mail
21. Television and Curfew
22. Noise Level Control
23. Food Service and Dining Accommodations
24. Fitness and Laundry Rooms
25. Safety and Emergency Evacuation Procedures
26. Earthquake Procedure

Chapter Four: Discipline

1. Contraband Violations
2. Contraband List
3. Visitor Violations
4. Unauthorized Situations and/or Area Violations

Chapter Five: Miscellaneous Rules and Policies

Attachments:

- A: Resident Property Matrix
- B: BOP Prohibited Acts and Disciplinary Severity Scale

Chapter One

Introduction

HISTORY & PHILOSOPHY

In 1976, Walter Evans, Chief U. S. Probation Officer for the District of Oregon, located a residence in Southeast Portland that had been funded by the archdiocese for offenders, but which later had been abandoned. Seeing the need for residential correctional services for federal offenders, he established a new Board of Directors to meet this need and found funding to purchase the residence. Chief Evans and the Board appointed a Director to develop this new program, which then contracted with the Federal Bureau of Prisons. NWRRC has balanced the needs of offenders and public safety concerns successfully since 1976. NWRRC has continued to expand its programming for offenders throughout the years and is now providing services to state and county-referred residents. While NWRRC is proud of our efforts in assisting our residents, we are equally proud of our successful role in protecting the community through positive behavioral changes of residents and an active role in the enforcement of program rules, BOP disciplinary regulations and the law. It is the mission of NWRRC to promote “accountability first” in the operation of the program and the expectation for lawful and respectful behavior by both residents and staff.

Northwest Regional Re-entry Center Program

While NWRRC is charged with both resident accountability and community safety, the NWRRC program purposely prioritizes working with our residents in developing the goal to accept personal responsibility for their behavior and future. Each resident has an opportunity to take control of their life by being employed, participating in treatment, and establishing law-abiding relationships in the community. Your daily choices can result in a constructive and rewarding lifestyle. Through “accountability first,” NWRRC can serve as a stepping-stone towards reintegration back into the community. You will be expected to find employment, develop a financial plan (including establishing a savings account), secure a release residence, and re-establish positive family and social support relationships.

Resident Participation

Rules and policies are clearly stated. It is your responsibility to know and abide by them. **When you sign the form indicating you have read and understand this handbook, you are stating, “I will cooperate, act responsibly, work on my program and agree to be held accountable.”** Residents have stated that sometimes re-entry centers seem more difficult than institutions. This is because residents must accept personal responsibility for the success of their programming efforts. Frequently, your choices will involve more than your own personal goals and require the cooperation of staff, employers, and the resident to achieve a workable solution. The responsibility for success or failure rests entirely with you and the decisions you make while you are here. The structure these rules provide is intended to aid you in a successful transition back into your community.

The good news is that most residents in our program are successful in fulfilling the goals of their plan and leave here in a much better place in life than they were when they arrived here.

There are six classifications of referred residents residing at NWRRC: Pre-Release residents from BOP institutions, Public Law placements from the Probation Office, Pre-Trial placements waiting for trial and/or sentencing, Direct Court commitments, Aid & Assist placements from various counties in Oregon, and Department of Community Justice placements from Multnomah County. All six groups have differing program expectations and levels of freedom. However, the rules apply to everyone the same. Not knowing a rule is not an excuse for violating one.

NWRRC is a private, non-profit agency that contracts with the Federal Bureau of Prisons, U.S. Probation, U.S. Federal Court, U.S. Pre-Trial Services, the State of Oregon's Health Authority and Multnomah County Department of Criminal Justice. Those contract requirements determine policy and procedures. In addition, staff decisions are based on health, safety, and fire code requirements that require your participation as well as that of the NWRRC staff. Our resident re-entry specialists are on duty 24 hours a day, 7 days a week, and are always available to residents for assistance and support. Other NWRRC employees include case management personnel, an employment placement specialist, mental health counselors specializing in substance abuse, resident support specialists, a health services coordinator, accountability specialists, food services staff, an operations manager and facility and executive directors.

MISSION STATEMENT

Our mission is to support, educate, and encourage our residents while they do the work necessary toward successful transition from the criminal justice system back into their communities with improved life skills. We are committed to assuring effective supervision, providing structure, expecting accountability, and as a result protecting the community.

RESIDENT RIGHTS & RESPONSIBILITIES

Resident Rights:

1. You have the right to expect all staff to treat you respectfully, impartially and fairly.
2. You have the right to be informed of rules, procedures, and schedules concerning the operation of NWRRC.
3. You have the right to freedom of religious affiliation and voluntary religious worship.
4. You have the right to nutritious meals, proper bedding, access to laundry and bathing facilities, proper ventilation for warmth and fresh air, and access to medical and dental treatment.
5. You have the right to have a case manager and confidential contact with attorneys and their authorized representatives.
6. You have the right to provide input into your Individualized Program Plan.
7. You have the right to a respectful, civil, and clean environment.
8. You have the right to reside in a safe environment. A safe environment includes one free of sexual harassment or sexual abuse. NWRRC has zero tolerance for sexual assaults, sexual abuse, or sexual harassment.

Resident Responsibilities:

1. It is your responsibility to treat all staff and residents respectfully, impartially, and fairly.
2. It is your responsibility to know and follow all the rules of the facility.
3. It is your responsibility to recognize and respect the rights of others.
4. It is your responsibility to maintain clean, orderly living quarters and complete chores.
5. It is your responsibility to seek and secure employment within 30 working days or as directed by the employment placement specialist, while remaining in compliance with treatment programs.
6. It is your responsibility to always be accountable; do not deviate from any approved authorized absences.
7. It is your responsibility to seek medical and dental care.
8. It is your responsibility to conduct yourself properly during visits, not to accept or pass contraband, and not violating the law.
9. It is your responsibility to take advantage of activities that may help you live a successful, law-abiding life within NWRRC and the community. You are expected to abide by the regulations governing participation in such activities.
10. It is your responsibility to promote a respectful, civil, and clean environment.

GRIEVANCE PROCEDURE

The grievance procedure provides means of informal resolution to an issue you may have within the facility with NWRRC personnel or policy, or another resident. All grievances remain confidential and are forwarded to NWRRC administration where the appropriate personnel within the facility will address it. If you wish to file a grievance, you can obtain a grievance form from any staff member. After the form is filled out and signed, place the grievance in the locked mailbox on the main floor by the stairwell.

If an informal resolution cannot be reached, a formal grievance can be filed using a BP-9 form and will be sent directly to the Bureau of Prison's Regional Re-entry Manager's (RRM) office.

PRISON RAPE ELIMINATION ACT (PREA)

NWRRC has zero tolerance toward all forms of sexual assault/misconduct. Resident-on-resident and staff/volunteer-on-resident sexual assault, sexual abuse or sexual harassment will not be tolerated. If a report of sexual assault is made, it will be investigated thoroughly and with respect to the client's safety, dignity, and privacy, without fear of retaliation.

To promote your safety, all residents are encouraged to report instances of sexual assault, sexual abuse and sexual harassment to any program staff member. Residents may also make a report through a grievance form, calling the Trauma Intervention Program (TIP) hotline at 971-220-5295 or by accessing the website at www.nw-rrc.org and clicking on the PREA button where a report form will be displayed. Utilizing these avenues, you are encouraged to report sexual assaults, sexual abuse and sexual harassment that you experienced or witnessed at NWRRC as well as at other jails or institutions. All allegations will be taken seriously and thoroughly investigated.

Staff will take the necessary steps to protect the victim(s) named in the report. While we cannot guarantee complete confidentiality, staff will report the information only to those who need to

know to help the resident access medical and mental health care, to comply with legal statutes and to comply with national PREA standards. The priority at NWRRC is to create a safe environment and to treat those who are victims of sexual assault, sexual abuse and sexual harassment with dignity and respect.

Definitions of sexual assault, sexual abuse and sexual harassment:

sexual abuse includes—

- (1) Sexual abuse of an inmate, detainee, or resident by another inmate, detainee, or resident; and
- (2) Sexual abuse of an inmate, detainee, or resident by a staff member, contractor, or volunteer.

Sexual abuse of an inmate, detainee, or resident by another inmate, detainee, or resident includes any of the following acts, if the victim does not consent, is coerced into such act by overt or implied threats of violence, or is unable to consent or refuse:

- (1) Contact between the penis and the vulva or the penis and the anus, including penetration, however slight.
- (2) Contact between the mouth and the penis, vulva, or anus.
- (3) Penetration of the anal or genital opening of another person, however slight, by hand, finger, object, or other instrument; and
- (4) Any other intentional touching, either directly or through the clothing, of the genitalia, anus, groin, breast, inner thigh, or the buttocks of another person, excluding contact incidental to a physical altercation.

Sexual abuse of an inmate, detainee, or resident by a staff member, contractor, or volunteer includes any of the following acts, with or without consent of the inmate, detainee, or resident:

- (1) Contact between the penis and the vulva or the penis and the anus, including penetration, however slight.
- (2) Contact between the mouth and the penis, vulva, or anus.
- (3) Contact between the mouth and any body part where the staff member, contractor, or volunteer has the intent to abuse, arouse, or gratify sexual desire.
- (4) Penetration of the anal or genital opening, however slight, by a hand, finger, object, or other instrument, that is unrelated to official duties or where the staff member, contractor, or volunteer has the intent to abuse, arouse, or gratify sexual desire.
- (5) Any other intentional contact, either directly or through the clothing, of or with the genitalia, anus, groin, breast, inner thigh, or the buttocks, that is unrelated to official duties or where the staff member, contractor, or volunteer has the intent to abuse, arouse, or gratify sexual desire.

(6) Any attempt, threat, or request by a staff member, contractor, or volunteer to engage in the activities described in paragraphs (1)-(5) of this section.

(7) Any display by a staff member, contractor, or volunteer of his or her uncovered genitalia, buttocks, or breast in the presence of an inmate, detainee, or resident, and

(8) Voyeurism by a staff member, contractor, or volunteer.

Voyeurism by a staff member, contractor, or volunteer means an invasion of privacy of an inmate, detainee, or resident by staff for reasons unrelated to official duties, such as peering at an inmate who is using a toilet in his or her cell to perform bodily functions; requiring an inmate to expose his or her buttocks, genitals, or breasts; or taking images of all or part of an inmate's naked body or of an inmate performing bodily functions.

Sexual harassment includes—

(1) Repeated and unwelcome sexual advances, requests for sexual favors, verbal comments, gestures, or actions of a derogatory or offensive sexual nature by one inmate, detainee, or resident directed toward another; and

(2) Repeated verbal comments or gestures of a sexual nature to an inmate, detainee, or resident by a staff member, contractor, or volunteer, including demeaning references to gender, sexually suggestive or derogatory comments about body or clothing, or obscene language or gestures.

Chapter Two

Program Guidelines

PROGRAMMING

Upon entry into the NWRRC program, you will participate in several orientations. The orientation period is a minimum of three working days and varies depending on individual programming needs. This will also be a time for you to adjust to the facility environment, program rules and expectations.

1. **Resident Re-Entry Specialist Orientation:** Upon arrival, you will be processed into the program, which includes a medical intake screening, a walking tour of the facility, and a review of house rules and policies, your room assignment, and issue of bed linen. Staff will search all property, an individual pat down will be conducted, and you will be required to submit to both drug and alcohol testing.
2. **Case Manager Orientation:** Within three working days of arrival, you will meet with a case manager to conduct a program orientation.
3. **Resource Room Orientation:** Within three working days of arrival, you will be required to meet with an employment specialist to identify your employment readiness, and establish an employment plan.
4. **Mental Health/Aftercare Assessment:** You will be scheduled for an assessment with a NWRRC mental health/drug and alcohol counselor and may be required to attend individual and group counseling. You will be expected to meet all scheduled community treatment appointments.
5. **Director's Orientation:** You will be required to attend a meeting with the Executive Director and/or Facility Director of NWRRC. This meeting is held once a week.
6. **Health Screening Physical and Blood Work:** Public Law residents are required to comply with a BOP mandatory physical and bloodwork. The bloodwork includes a TB Gold test, HIV test and HEP C test. Pretrial residents will be required to comply with a mandatory TB Gold test. Failure to complete the medical appointment within five business days of your arrival or the first available appointment scheduled by staff will result in dismissal from the program. There are NO exceptions.
7. **Health Services Orientation:** You are required to meet to discuss current medications, self-carry prescriptions, and NWRRC's medication compliance requirements.

**** All orientations, meetings and assessments need to be completed prior to community access.**

FAMILY REUNIFICATION

Because confidentiality does not allow the NWRRC to acknowledge a resident's schedule of transfer to the facility, the NWRRC staff only answers generalized questions, which may cause frustration for family members.

The NWRRC is here to help make a resident's transition successful. Upon request, a resident's family or supporting individuals may attend an orientation where they can learn about the NWRRC and how a resident will progress through the program. This includes information on visiting, home confinement and how a release address is approved.

The resident's role in the orientation:

1. Identify family/supporting individuals and provide the NWRRC with their contact information. The information can be provided prior to these individuals' arrival or when meeting with the case manager during the resident's initial orientation.
2. If there is a change in family members/supporting individuals attending the orientation, inform your case manager.

ACCOUNTABILITY

Accountability is the most important aspect of your placement at NWRRC. All community activity must be approved by your case manager, employment placement specialist, or administrative staff. You are not permitted to deviate from your approved locations or times without approval. NWRRC accountability specialists will track your movement throughout the community according to your authorized absences. It is your responsibility to remain accountable while in the community. You will be required to submit for any community activity on an "Authorized Absence" request through a kiosk system in advance to be approved by your assigned case manager or employment resource specialist. This request must be filled out completely, including the addresses, phone numbers, and purpose of every location. Staff will deny requests that are not complete and/or do not support the goals of your program plan. Program goals may include employment, treatment, strengthening family ties, and engaging in educational and religious activities.

ESCAPE AND ABSCOND STATUS

Escape / Abscond status will be determined if the resident:

1. Fails to return from an authorized absence or community pass at the specified time.
2. Departs the facility or home confinement address without approval.
3. Is arrested for a violation of law.

****An escape can result in formal charges****

PROGRAM COMPONENTS

The program components are community corrections, pre-release, and home confinement. Community suspension will be used during the initial orientation period and by RRM directive. Community restriction will be used in instances where a residents' access in the community requires further oversight.

Upon completion of the Individual Program Plan (IPP), NWRRC will identify in which component to place Pre-Release (BOP) residents, based on the program plan. If a Pre-Release (BOP) resident is initially classified as a community corrections component, the Program Review Team (PRT) will determine when the Pre-Release (BOP) resident will be moved to the pre-release component. Only Pre-Release (BOP) residents are eligible to advance into the home confinement component. Public Law and Pre-Trial residents will be placed in the community corrections component for the duration of their placement.

Community Corrections Component: Except for programming related needs (i.e. employment, participation in religious services, approved recreation, community programs, mandated treatment, and medical services), the resident is restricted to the facility. Visits with family and significant others will only take place at the facility.

Pre-Release Component: Pre-Release residents in the Pre-Release component may participate in programming related needs and generally have more access to the community and family members through weekend and evening passes. The resident must develop a daily detailed itinerary scheduled in advance and approved by RRC staff. The itinerary must include travel routes, destinations, and timeframes.

Home Confinement: Public Law, Pre-Trial, Aid & Assist, and Department of Community Justice residents are not eligible for home confinement. NWRRC will recommend home confinement when a resident has met their home confinement eligibility date, and it appears they will derive no further benefit from facility residency. Employment and a landline phone are not required for this component.

Community Restriction: Work and mandated treatment (RDAP) will only be allowed by default. Consideration for access to community for other mandated activities that would otherwise jeopardize placement (i.e. - Reentry court, confirmed medical, confirmed legal).

Community Suspension: The community suspension component is the most restrictive. Residents will have no access to the community except for medical emergencies and visitation privileges will be suspended.

CHECK IN AND OUT POLICY

All residents must check in and out of the facility upon entry or exit from the building at the main control station. Every resident must confirm, by electronic signature, the approved destination departure and return times with the staff checking them out of NWRRC. It is the

resident's responsibility to know when they are expected to return to the facility. If residents are late, they must call NWRRC **immediately** to prevent the initiating of escape/abscond procedures, though such a call does not excuse the lateness. Residents are responsible for returning at the designated time and NWRRC staff will hold them accountable for this. If a resident is requested to work late, the supervisor listed with the NWRRC employment staff must call and request an extension, which must be approved by NWRRC staff. If a resident is delayed at a community appointment such as VOA or Probation meeting, a staff representative must call on behalf of the resident to verify the delay.

AUTHORIZED ABSENCES

A resident's absence from the facility is to achieve specific programming objectives to include seeking employment, housing, strengthening family ties, engaging in religious activities, education, and treatment. Requests for authorized absences must be thorough, and contain accurate information (full address, travel time, mode of transportation, etc.) or they will not be considered. If mode of transportation is with an approved visitor, the approved visitor must show their driver's license to NWRRC staff prior to departure from NWRRC. Residents are not allowed to give rides to other residents, nor share taxis or ride share vehicles. Other than for employment or mandated treatment, residents must be in the facility (or in their home if on home confinement) from 9:00 p.m. to 6:00 a.m. Ordinarily, residents will return to the facility from employment before signing out to participate in another activity however, the Director's office may make an exception when scheduled travel time or distance is excessive, or when the resident is working unexpected overtime. A resident cannot be outside of NWRRC for more than 16 hours within a 24-hour period.

RESIDENCE APPROVAL PROCESS

Only Pre-Release residents can seek to have a residence approved as their "release residence". Only one location can become your approved release residence. It must be where you intend to release to once you complete your time under BOP supervision. You are required to inform the occupants residing at the proposed address to remove all alcohol, illegal drugs, and firearms from the property. Storing contraband in a safe, locked closet, or garage is not acceptable. There are no exceptions that can be made to this policy. Finally, NWRRC accountability specialists will conduct a site visit and a walkthrough of the residence and any adjacent structures on the property. Should the accountability specialists detect any contraband the residence will be denied. It is important to note that should the residence be approved it is expected to remain in compliance with the previously listed standards throughout the duration of your placement or as long as you designate the residence as your release residence.

PASSES

A pass is used for overnight or weekend absence to the approved release residence for Pre-Release residents. The requested pass location must be visited and approved by NWRRC staff prior to a pass being approved. Placement on ankle GPS is required before staff consider approving passes. Overnight or weekend absences are limited to the local community (up to a 100-mile radius from NWRRC). A pass may be approved when a resident is successfully programming, i.e., the resident is meeting their program plan goals and has obtained gainful employment or has had their employment waived.

Passes and authorized absences are subject to termination and further disciplinary action may be taken should any violations or otherwise suspicious behavior occur while on pass.

HOME CONFINEMENT

Only Pre-Release residents are eligible for home confinement (HC). Your individual Home Confinement Eligibility Date (HCED) determines eligibility date, or “10% date.” This date is an eligibility date, not a guaranteed placement date. All residents placed on HC will be required to wear a GPS ankle monitor at no cost. However, the proper maintenance and care of the ankle monitor is your responsibility, and any lost or damaged equipment will be billed to you.

While on HC, you are required to report to the facility at least once a week. During your weekly check-in, you will meet with your case manager and review your schedule for the upcoming week. If unemployed, you will be expected to report to NWRRC twice a week for job search purposes. While on HC, you should expect to receive regular, random on-site visits from NWRRC’s accountability specialists and/or case managers. In addition, you are expected to contact NWRRC before every departure from the residence and upon your return. Like the use of social passes, the purpose of HC is to promote family reunification. In general, community time will be limited to work or job search, treatment, religious service, recreation, hygiene, legal and medical needs. However, additional responsibility may be afforded to you to the extent that you are willing to accept it.

HC placement is subject to termination and further disciplinary action may be taken should any violations or otherwise suspicious behavior occur while on HC.

Authorized Absences While on Home Confinement Status:

A resident must submit a weekly schedule to their case manager for approval on all community activity. Only the assigned case manager or their designee is authorized to make changes to this schedule. Authorized absences are for necessary programming needs only. Examples of authorized absences include, but are not limited to medical, dental, legal, hygiene, religious services, employment interviews, and employment.

Report Days:

Residents on HC must report in person to the NWRRC facility at least once each week if employed and at least twice per week if unemployed or employed part time. Residents will arrange their “report day” schedule with their case manager and employment placement specialist. The resident will call NWRRC prior to traveling to the NWRRC facility on their report days and tell staff when they will arrive at the facility. The resident will also call NWRRC when he or she returns to their residence. The resident will meet with their assigned case manager and employment placement specialist on every scheduled report day.

Curfew:

Residents on HC status must be at their residence from 9:00 PM to 6:00 AM each day unless they have an approved absence or an approved employment schedule that would interfere with this time frame. In addition to their “report day,” they may be summoned to the facility at any time for any reason.

Note: Unauthorized deviations from approved destinations or schedules will result in disciplinary action. In case of an emergency, notify NWRRC staff immediately. NWRRC staff will verify your location and the circumstances of your situation. You will also be asked to call into the facility from your various authorized absence locations. Staff may call back for verification of your location. Movement is monitored regularly. It is imperative to follow the approved schedule.

FURLOUGH (Pre-Release Residents Only)

A furlough may be granted for a specific immediate family crisis, emergency, and/or other urgent need. The Federal Bureau of Prisons RRM office, US Probation Office in the Sentencing District, and the US Probation Office in the Furlough District must approve all furloughs. Pre-Release residents are the only NWRRC residents eligible for furlough.

URINALYSIS AND BREATHALYZER TESTING

Urinalysis (UA) and breathalyzer (BA) testing are required. These tests are conducted for the detection and control of drug and alcohol use. BA tests will be given every time you return to the facility. UA tests are given randomly. You are expected to be clean and sober throughout the term of your residency and participation in the NWRRC program.

1. All residents are required to provide a urine sample a minimum of four times per month randomly and/or if a staff member suspects drug usage.
2. A BA and pat search will be given each time you return to the NWRCC facility in addition to Randomly.
3. A suspect UA may be conducted if a resident is late from work, an authorize absence and/or overnight pass.
4. All residents are required to wait 15 minutes (in view of the staff) immediately prior to participating in a BA test that comes up positive (above .02%). Residents must remain where they are directed to wait by staff and may not have anything to eat or drink within the 15-minute waiting period. A second test will be administered and dependent on the results, an incident report may be issued. This is a major infraction.
5. Once a resident is notified that he/she must provide a UA, the resident must remain under staff observation until a UA is given. Other residents are not to visit with residents involved in the UA process.
6. Failure to provide a UA within two (2) hours will constitute a major violation and the formal discipline process initiated.
7. Residents with an alcohol or drug aftercare condition or drug history may be required to attend the in-house drug aftercare program.
8. The consumption of poppy seeds may cause a positive UA; therefore, residents will agree to not consume any products that contain poppy seeds. Ingestible products containing alcohol are also prohibited (certain mouthwashes, toothpastes, etc.).

TREATMENT & PROGRAMMING

1. All outside treatments and programming must be pre-approved and you must attend as scheduled. You must attend any court or mandated treatment programs. Failure to do so may result in disciplinary action.
2. NWRRC provides in-house mental health and substance abuse counseling. If referred for this treatment by your case manager or USPO, it is in your best interest to attend.

NWRRC MENTAL HEALTH SERVICES

NWRRC has developed and continues to utilize, a network of mental health resources and services, including employing two full-time mental health counselors (MHCs) and providing referrals to other federal, state, and community agencies to ensure access to basic mental health treatment for any resident.

We provide the opportunity for any resident to engage in ongoing on-site mental health (MH) counseling. Ongoing appointments with our MHCs can be scheduled weekly, twice monthly, or as needed. Our MHCs can also refer residents for counseling services and access to psychiatric prescribers in the community. When necessary, our MHCs also provide crisis triage and referral services to community-based urgent/emergency care and will provide transition referrals to community mental health providers for residents nearing release who wish to continue their counseling treatment.

Additional mental health services are provided to NWRRC residents through several different community providers depending on need:

- Cascadia Behavioral Healthcare (CBH) provides emergency mental health services on a walk-in basis at their SE location, including the prescribing and filling of emergency mental health medications. Cascadia also offers treatment programs for problem gambling and is closely affiliated with Unity Hospital in Portland that provides emergency in-patient admission for clients in mental health crisis.
- CBH and Volunteers of America (VOA) both offer dual diagnosis, mental health, and substance abuse counseling, and can prescribe mental health medications on a referral basis.
- Multnomah County Mental Health Clinics provide walk-in services to anyone experiencing an immediate mental health emergency.
- FBOP Community Treatment Services (CTS): NWRRC works collaboratively with the local CTS provider to ensure continuity of care for our Pre-Release residents, which includes coordinating required individual and group sessions.

Each newly arrived resident will meet individually with one of our staff mental health counselors within three business days of their arrival for a Mental Health Orientation to address any mental

health treatment and mental health medication continuity needs, to evaluate any potential safety concerns, and to explain the mental health services available.

The following therapeutic groups are facilitated weekly by our MHCs on-site:

- **Separate Men’s and Women’s Support Groups:** Both groups are voluntary and focus on helping participants process what they are doing, what they need to do, and overcoming challenges/barriers to effect a lasting and successful transition to legal and sober living.
- **Relapse Prevention Group:** A voluntary forum for all residents (co-ed) to create a program of recovery and relapse prevention. The group provides a setting for sharing information about relapse and relapse prevention and recognizing signs of impending relapse. The group setting allows for beneficial group dynamics of mutual support with the guidance of the group leader.

Our MHCs also provide general oversight for two weekly on-site substance abuse recovery meetings facilitated by volunteer facilitators: **Narcotics Anonymous (NA)**, and a Cognitive Behavioral Therapy-based group called **Self-Management and Recovery Training (S.M.A.R.T.)**.

MEDICATIONS

All medications, vitamins and supplements brought into the facility must be turned into the Residential Re-Entry Specialists at the control desk. This includes pills, powders, creams, liquids, or inhalants prescribed or sold over the counter. If a resident picks up prescribed medication from a pharmacy, these medications must be brought back to the facility directly and given to staff for processing prior to the resident taking any of these medications. All approved prescription medications, over the counter medications and supplements will be logged, an approval sticker will be placed on it, and it will be returned to you except for mental health medication and medication with abuse potential. These medications will be retained and issued to you by staff according to their dosing directions. It is your responsibility to turn in all the medications you bring into this facility. If unapproved medications are found in your possession or property, you will receive an incident report and will be subject to disciplinary action.

You will not be allowed to consume expired medication; any expired medication found will be destroyed. Expiration may occur in several different ways:

1. The manufacturer’s printed expiration date has been reached.
2. The pharmacy’s printed expiration date has been reached.
3. A prescription orders direct consumption for a certain number of days only.

You are not allowed to have the following types of medications, unless prescribed by a doctor and approved by NWRRC staff:

1. Mouthwash/cough syrups with alcohol.
2. Cough / cold medications with ingredients ending in “-dron”.
3. Any form of liquid medication (examples: Pepto Bismol, liquid antacids, cold medicines, natural remedies/vitamins).

MEDICAL CARE AND INFORMATION

All Pre-Release residents that are uninsured are required to get approval before obtaining medical/dental services. Pre-Release residents are not allowed to enroll in the Oregon Health Plan or any government-based healthcare programs while at the NWRRC except for VA Medical coverage. The BOP has contracted with NaphCare to find health related services and pay for these services, including prescriptions. If the services required are urgent or an emergency, prior approval will not be needed and will be requested after the fact for coverage.

Pre-Release residents can use private insurance that is provided to them through family members, significant others, or employment opportunities. Prior to authorizing the use of this health insurance, the resident must provide proof of coverage.

Direct Home Confinement (DHC) residents or a resident who releases from NWRRC to home confinement, can apply for the Oregon Health Plan or a form of government-based healthcare, and use their health insurance coverage. However, applying for this insurance coverage cannot be done until the resident has released to home confinement.

All residents who are insured under state health plans, employee benefits, or family are still required to submit all information regarding their personal health services. This includes all doctor's appointments, dentist's appointments and prescription medications. This information will be submitted to the BOP for documentation and record keeping purposes in case personal health insurance services are denied or lost. The NWRRC health services coordinator, along with case managers will assist residents by identifying available community medical, dental and mental health care options.

Once approved by the BOP, documentation will be provided with the name and location of the health services provider. Upon return, the documentation must be returned to the health services coordinator or case manager.

The BOP and NWRRC are not responsible for any uninsured Public Law, Pre-Trial, Aid & Assist, or Department of Community Justice residents who do not have their own health insurance. All requests for health services must still go through the health services coordinator or case manager.

1. Staff will not transport residents for medical needs of any kind. Exceptions may be considered if requirements of a medical procedure include that a resident be picked up and they do not have transportation options. In that case, an Uber / taxi voucher or NWRRC shuttle will provide transportation.
2. If you are having a medical emergency, notify staff and call 911. If unable to call, staff will call 911 for you.
3. If an immediate but non-emergency situation does exist, contact staff immediately so that it can be properly addressed. If you have not scheduled an appointment, you may call 911 and go by ambulance only to the emergency room (authorization for coverage will be submitted to the BOP, but if denied you may be responsible for the fare).

4. If you have scheduled an appointment, you may take a bus, taxi, or have an approved visitor drive you. For indigent residents with medical limitations only, approval for a taxi voucher or ride share must be requested prior to the scheduled appointment when submitting the authorized absence request.

Medical Assistance:

A resident with an emergency medical problem may request an authorized absence to go to the hospital. On arrival at the hospital, residents shall have the emergency room staff contact NWRRC and staff will monitor the resident's absence. The resident or hospital staff must maintain contact with NWRRC at a minimum of every two hours. The resident will take with them a form for the hospital staff to sign requesting the prescription of non-narcotic drugs, whenever possible.

In an emergency, NWRRC staff will assist residents in obtaining the necessary medical treatment. Otherwise, the resident is responsible for calling emergency personnel for any non-life-threatening medical condition.

All residents will be required to inform emergency and non-emergency medical personnel of past alcohol or drug histories; when medically sound, it is required that non-narcotic medications be prescribed. NWRRC staff will confirm this disclosure to medical personnel.

Payment of Medical Bills:

All uninsured Pre-Release residents are responsible for their own medical, dental and mental health care costs incurred during their stay at NWRRC if required steps to obtain health services through NaphCare are not followed. Monetary assistance will not be provided and NWRRC does not have medical personnel on staff.

AFFORDABLE CARE ACT

Adults in custody will be required to enroll upon release. NWRRC will provide resources to assist residents in meeting the requirements of this law. Employed residents should speak to their employer about health benefits covered by the employer first. During intake, residents will be provided with information on how to apply for the Affordable Care Act 2-4 weeks prior to their release.

Internet and telephone access will be provided to residents to facilitate the enrollment process through:

1. The website www.healthcare.gov that will be posted by the phone and computer for easy access to information about the application process
2. State Medicaid application counselors
3. Marketplace navigators or certified application counselors that provide free assistance

EMPLOYMENT AND JOB SEARCH

Employment Search:

The responsibility of finding employment will ultimately rest with you. The resource staff is available to assist in developing a suitable resume, guide in job search efforts, and provide other employment resources. A resident's motivation towards finding a job will often determine their success. The resource room is open Monday through Friday, allowing you access to telephones, computers, and supervised internet access for employment purposes. The computers may not be used for personal use. It is the responsibility of the resident to use these resources to their advantage. All residents must complete an employment orientation prior to beginning job searching.

Job Search Procedures:

1. Job searching is required Monday - Friday. Job searching will be done online or telephonically. For recommendations on local employers that hire people with felony criminal records talk to Resource Room staff.
2. If an in-person employment interview is scheduled, submit an authorized absence request via the kiosks to Resource Room staff immediately. Same day requests are discouraged and ideally need to be submitted by 5:00 pm on the business day before. Be prepared to provide proof of scheduled job interview.
3. Authorized absences for job interviews will need to be separately scheduled. You must return to the facility between job interviews.
4. The following areas are not appropriate for employment: adult stores, pawnshops, bars/taverns, door-to-door sales, sidewalk canvassing, tanning salons, commission-only sales, tattoo shops, day labor and dispensaries.
5. At this time, employment with most temporary agencies will not be considered. Please talk to Resource Room staff for a list of approved temporary employment agencies.
6. Once hired for a job, residents must meet with an employment specialist to discuss the employment approval process.

Employment Requirements:

1. Residents will be expected to be full-time programming (employment, vocational training, school, volunteering) within 30 days of arrival at NWRRC. Consideration may be given to residents with legitimate delays in obtaining all required IDs.
2. Being an independent contractor or being paid in cash is not allowed. You must receive a payroll check with taxes deducted. You must work a job with a supervisor we can contact at all times during your scheduled shift.
3. Employment that violates special conditions or is related to current or previous criminal activity will not be approved.
4. Residents are required to disclose their legal status and current offense to potential employers when they apply for employment.
5. Residents that have obtained an offer of employment must inform resource staff and an employment notification call will be placed to the potential employer.
6. The resource staff must approve all jobs and will confirm that all employers are aware of the resident's legal status prior to your first day of work.

7. After the employment verification and notification call is completed, an on-site of the employment location will be conducted prior to the first day of employment to verify that the job is suitable. Residents will not be permitted to work until the onsite verification is complete and the Director's Office has approved employment.
8. All employment must have a supervisor that is available and agreeable to bi-weekly telephone contact and a monthly onsite visit from the employment placement specialist or resource specialist.
9. Residents who are sick must notify their employer and staff prior to normal sign-out time. Residents who are too ill to go to work will forfeit all authorized absences and passes until able to return to work.
10. Residents may not quit employment without prior consent from the employment placement specialist. If you are laid off or fired from your employment, you must notify the employment placement specialist immediately and develop a new program plan.
11. While school is very important, working full time is encouraged. If school is approved, Pre-Release residents may not utilize federal student loans. You may use Pell Grants, and/or self-pay.
12. Any unauthorized absence from a job site is classified as unaccountability. You may not leave your work site for any unauthorized reason including going to lunch without prior approval.
13. Residents may work up to 60 hours per week. Anything over 60 hours per week requires NWRRC administration approval. Residents who need to be away from the facility longer than 12 hours require prior approval from the BOP. Multiple jobs may be approved provided the resident meets all other programming requirements.
14. You will be required to sign a release of information that allows NWRRC to openly communicate and exchange information with your employer prior to being approved to work.
15. Employers must sign a release and provide NWRRC with paystubs and requested info at the request of NWRRC.
16. Employment must be obtained within a 100-mile radius of the NWRRC, unless otherwise approved.

****Overtime is defined as any hours not scheduled according to your approved employment form. This may be an extension past your scheduled time off or working days you were initially not scheduled to work.**

If you are already at work and need an extension of your work hours for that day:

1. The employer must call NWRRC before the scheduled time off to request an extension.
2. The resident must have an exact time off, not just "a few more hours." The supervisor must be an approved supervisor on the employment verification form.
3. It is the resident's responsibility to verify with NWRRC staff to ensure the extension has been granted. A new return time to return will be documented.

***Note: Any change involving adding or substituting hours to your approved employment plan requires approval by an employment placement specialist.**

Sick and Vacation Days:

1. If a resident is sick and unable to attend work or programming, the resident may be placed on room restriction. The resident must inform staff if they call in sick.
2. If taking a day off for scheduled medical appointments and the authorized absence has been pre-arranged with an employer and case manager, the resident will not be placed on any restriction.
3. If taking a vacation day from work, it must be pre-arranged and approved by the employer, resource staff, and case manager.
4. A resident must inform employment/resource staff and their case manager of any time scheduled off in advance.

FINANCIAL OBLIGATIONS

General rules:

1. Pre-Release residents are not allowed to enter any type of contract without prior approval from the Facility Director, Executive Director and BOP. This includes school funding, car loans, credit cards, etc.
2. Residents are required to make restitution payments, pay fines, or make child support payments unless waived / delayed by the US Probation Office or Courts.
3. All residents will be required to establish a financial planning worksheet with their case manager.

SUBSISTENCE

Pre-Trial residents of NWRRC are required to pay subsistence on income earned. Subsistence is calculated as 25% of gross income (income before tax deductions). All payments are to be submitted to the subsistence drop box in the form of an official money order or cashier's check, along with your paycheck stub, within 48 business hours of your pay date. Subsistence payments are to be rounded down to the whole dollar amount, and any change should be dropped.

Failure to make any subsistence payments or provide an accurate paystub will result in disciplinary up to a return to custody or program termination. The US Pre-Trial Office will be notified of any refusal or failure to make subsistence payments.

Every paycheck stub must include the gross pay, total hours worked, pay period dates, and paycheck date. Residents must have taxes taken from the paycheck and it must be on an official payroll check; no cash or personal checks are permitted.

Failure to pay accurate subsistence, to include underpayments, will result in an immediate incident report being issued to the resident. In case of an underpayment, the resident will be issued an incident report, which will be held for 24 hours pending the receipt of the remainder of the subsistence owed by the resident. If the remaining subsistence is paid within 24 hours, the incident report will be informally resolved; if payment is not received, the incident report will be subject to formal discipline. In the event of overpayment, you will be provided with an accurate

refund in a timely manner. Repeated instances of inaccurate payments are also subject to receipt of an incident report.

All cases of refusal to pay subsistence owed will result in an immediate formal incident report and notification to the US Pre-Trial Officer.

ELECTRONIC DEVICES

The use of electronic devices such as smartphones, cellphones, tablets and laptop computers is permitted only with approval. **Such devices are a privilege and not a right.** While cell phones may be approved for most residents, laptops, tablets and other electronic devices will only be considered for approval should the resident show convincing evidence that they need them for programming reasons (school, treatment, employment, etc.) and their cell phone cannot meet that need. The NWRRC will not be responsible for any damage, theft or corruption of the device's software. Prior to using, a request to use an electronic device(s) must be submitted to the resident's case manager for approval. The following regulations for using an electronic device must be adhered to:

1. All electronic devices will be monitored and are subject to search on demand and can be seized by NWRRC staff at any time. Residents shall not have any expectation of privacy.
2. If the electronic device is protected by a screen lock, all passwords will be provided at the approval process and upon request by a staff member. Any apps, files, or folders that are password protected on a resident's phone are also subject to search at any time. Any change to passwords must be reported to NWRRC staff immediately.
3. Financial transactions are prohibited between residents and evidence found on devices will be addressed in accordance with our discipline policy. (Cash App, Venmo, Google pay, Samsung pay, etc.).
4. Electronic devices are permitted to have camera/photo capabilities. However, photos or videos containing illegal activity, nudity or pornography (including texts), guns, drugs, alcohol, as well as gang behavior, are strictly prohibited. Video chat must be in the resident's bunk or private room and at appropriate times. There will be no phone or video calls of any kind after the house has been closed. Photography, audio and/or Video recording on NWRRC property is strictly prohibited, as well as photography or video of NWRRC staff at any location. All staff are authorized to ensure cell phones are not recording at any time.
5. Apps on any device that interfere with staff's ability to monitor phone use are strictly prohibited. Communication with adults in custody, or people with felonies, is not authorized without written case manager approval.
6. All electronic devices are to remain on 'vibrate' or 'silent' mode while in the facility.
7. All conversations using electronic devices are permitted throughout the facility EXCEPT in the resident sally port, resource room, and lobby area. Electronic devices are not permitted to be used at or near the security desks or while in conversation with NWRRC staff.

When using electronic devices, users shall be considerate so as not to disturb other residents.

8. Any form of audio should not be heard from any device, anywhere in the facility, at any time, without staff permission. Headphones or Earbuds must be worn. Speaker phone is not permitted.
9. Electronic devices shall not be lent or shared with other residents. NWRRC is not responsible for any lost, stolen, or damaged devices or accessories.

Any violation of the electronic device regulations may result in privileges being revoked and/or the device being confiscated. Residents are strongly encouraged to secure their property in their locker when not in use.

DRIVING PRIVILEGES

1. Residents may not drive a vehicle without approval from the NWRRC Director.
2. Use of a private vehicle is a privilege and contingent upon conforming to the rules and regulations of NWRRC.
3. Vehicles are subject to search any time and residents must turn in a spare vehicle key to staff.
4. Resident vehicles are off-limits unless being used for approved purposes. No visiting in ANY vehicle, no music playing, no loitering in the parking lot.
5. Vehicle maintenance of any type, including washing, on or near NWRRC property is prohibited. Exceptions: necessary minor maintenance that is required to get a vehicle started or changing a flat tire. (These activities must be pre-approved by NWRRC staff).
6. No resident may provide transportation to another resident.
7. Residents must have a valid driver license, DMV driving report, current insurance with the resident name on the policy, vehicle registration, owner authorization (if vehicle does not belong to resident), and a spare set of vehicle keys.

MEDIA CONTACT

If a NWRRC resident wishes to contact the media, or if the media wishes to contact a NWRRC resident, that media outlet is required to seek authorization for contact from the resident's supervising authority, specifically the RRM's office if the resident is Pre-Release or the US Courts through their Pre-Trial or Probation Officer if the resident is Pre-Trial or Public Law. The directive includes all newspapers, magazines, radio, television and internet media.

Chapter Three

Rules of Residency and Facility Definitions

All residents are to be awake, dressed and have beds made by 8:00 am, Monday through Friday. The only exceptions are those residents that work a night shift and those that are sick or have a chronic medical condition. Other than the above exceptions, residents must be actively engaged in programming (employment, job search, school, volunteering, etc.) Monday through Friday.

FACILITY BOUNDARIES AND RESTRICTED AREAS:

1. The facility consists of the entire building, grounds, lawn and parking lot.
2. Residents are allowed to walk in designated exercise areas during designated times.
3. The hours permitted for residents to walk outside are from sun-up to sundown all year. Staff have the discretion to change walking hours on a day-to-day basis if visibility by the surveillance cameras is limited.
4. The neighboring properties surrounding NWRRC are off limits to residents.
5. Resident visitors are only permitted in the visiting area.
6. Residents are not allowed to sit in cars in the parking lot or visit with other individuals in cars.
7. The kitchen is always off limits to all residents.
8. Security offices and areas are off limits to residents.
9. You may not seek employment with any organization on 80th Avenue or in the immediate vicinity of NWRRC.

NICOTINE USE BY RESIDENTS

Any nicotine products other than manufacture-produced cigarettes, nicotine gum, nicotine lozenges or nicotine patches are prohibited. This includes, but is not limited to e-cigarettes, vapes, nicotine pouches and tobacco chew. E-cigarettes or vapes are considered items that can never be in the possession of a resident of NWRRC and possession outside of the building is also prohibited. Any of these items that are found by NWRRC staff will be confiscated, a property receipt will be written and the items disposed of. Any time any of these items are found inside the facility an IR will be written for possession of non-hazardous contraband. Any time a resident is caught bringing these items into the facility and fails to announce their presence prior to search an IR will be written. If you need help with nicotine addiction, please contact your case manager for smoking cessation programs. The only area on NWRRC's property that allows smoking is the designated smoking area in the back courtyard. Cigarette disposal containers are available and must be used.

CONDUCT INSIDE AND OUTSIDE OF FACILITY

1. Residents are expected to conduct themselves appropriately inside and outside of the facility.
2. Residents will not engage in any kind of physical contact with other residents.
3. Residents are expected to respect the neighborhood and not disturb citizens near the facility.
4. Personal MP3 players, radios or other electronic devices are to be used only with headphones/earbuds and should be adjusted to moderate volume levels.

5. Residents are expected to always respect each other and staff. Obscene or threatening language or gestures will not be tolerated.
6. The burning of incense, candles and other flammable materials on NWRRC property is prohibited unless part of a NWRRC approved religious practice and within the guidelines set by staff.

ROOM ASSIGNMENTS

Residents are assigned to rooms based on bed space availability. Residents are responsible for the condition of their respective rooms and common areas. Resident rooms and furniture are not to be altered or moved without prior staff authorization. Room assignments are permanent except when a change is authorized by the security supervisor or representative.

CRITERIA FOR REQUESTING A ROOM CHANGE

1. Medical issues
2. Disciplinary reasons
3. Program requirements or security concerns
4. Approved by the security supervisor or designee

RULES REGARDING RESIDENT ROOMS

1. Residents are expected to keep their rooms clean, neat and orderly, with clothes picked up, no trash on the floors, beds made and wastebaskets emptied.
2. Staff will conduct regular sanitation checks for cleanliness daily.
3. Staff may order a room cleaned at their discretion.
4. Residents may be placed on restriction until their rooms meet the required standards.
5. Repeated violations may result in formal disciplinary action.
6. Any damage done to walls or furniture is the responsibility of the assigned resident(s) and you will be held accountable.
7. Each resident is issued a room key and combination lock. Attempts to use the key to gain entrance to another unit or room is strictly prohibited. Violators are subject to disciplinary action.
8. Your keycard, lock, and linens will be turned in prior to your release from NWRRC.
9. Rooms will be regularly searched by staff. Any contraband items will be removed from the room and residents will be notified of the results. Minor contraband (food, magazines, etc.) will be thrown away. Major contraband will be turned over to the security supervisor for disciplinary action.
10. No pictures, posters, drawings or any other images may be in resident property that contain the following: nudity of breasts or genital areas, sexual activity or any form of racism, bondage, violence, satanic worship, guns, weapons, promotion of illegal drugs, or alcohol use of any kind.
11. If drugs, alcohol, or paraphernalia are found in a room, all residents residing in the respective area are held accountable until the person(s) responsible is/are identified. Additionally, residents will be required to participate in UA & BA testing.
12. Doors to rooms and locker must be locked at all times.
13. Residents are responsible for who and what is in their room.

DAILY ROOM INSPECTION GUIDELINES

1. The bed must be made neatly, and linens must be laundered at least once weekly.
2. The floor must be vacuumed, swept or mopped and clear of boxes, garbage, clothes, etc.
3. Cabinets must be clean and neat inside with no excess of papers or personal possessions in accordance with the NWRRC Property Matrix.
4. Trash must be picked up with containers lined with plastic bags and dumped as necessary.
5. Windows must be clean on the inside, free of debris or paper with blinds and ledges dusted.
6. The bathrooms must be clean, disinfected and uncluttered.
7. Shower stalls must be clean from soap residue and dirt removed.
8. The heat vent, cabinets, smoke alarms, light fixtures and doors must be free of obstructions with nothing hanging from them.

RESIDENT PROPERTY

1. Residents are expected to always keep their lockers and rooms neat and orderly.
2. Residents are limited to no more property than can fit into your personal locker neatly.
3. Property that cannot fit into your personal locker is considered excessive at the discretion of Residential Re-Entry Specialists and will be boxed and removed from the facility by the resident or seized.
4. Residents are responsible for their own belongings and must not be in possession of any other resident's belongings.
5. Residents are encouraged not to keep valuables in the facility. If residents choose to do so, it is at their own risk.
6. Residents are not authorized to possess more than \$250.00 cash in the facility.
7. Residents must keep their belongings separate from belongings of their roommates.
8. Residents may not possess or use extension cords or bring personal bedding into the facility.

**** see Appendix C: Resident Property Matrix for specific resident personal property allowed****

PROPERTY DISPOSAL FORM

Upon arrival at NWRRC, residents will fill out a form designating a person to pick up their property upon transfer, termination, abscond, or escape. If you leave NWRRC prior to regular completion of your placement here or are terminated for any reason, your property will be held for up to 30 days. If the designated person does not call for the property or you do not make other arrangements to have it removed from NWRRC, your property will be destroyed or donated to a charitable organization after 30 days.

MUSICAL INSTRUMENTS

Acoustic and electric guitars are the only musical instruments allowed. No amplifying equipment such as speaker amps, mixers or other sound enhancing devices is allowed. The following guidelines will be adhered to:

1. When not in use, guitars must be stored either under the resident's bunk or the bottom bunk bed.

2. The resident is responsible for the safekeeping of the instrument and NWRRC will not be responsible for any instrument that is damaged, lost or stolen.
3. A headphone amp will be allowed for electric guitars.
4. Acoustic and electric guitars may only be played in the following areas:
 - (a). Outside courtyard during open hours.
 - (b). West TV room from 8 a.m. to 5 p.m., Monday through Friday except holidays.
 - (c). Electric guitars using headphone amp with headphones may be used in resident rooms, if it does not bother other residents or staff.

DRESS CODE

All residents must adhere to the following dress code:

1. Residents are to be dressed in at least shorts and a shirt at all times. Changing clothes or showering needs to happen in bathrooms or shower areas.
2. Footwear must be worn in all common areas.
3. No pajamas or robes are allowed to be worn in common areas at any time.
4. No sunglasses will be worn inside the facility.
5. Hats with brims or hoods of any kind are not permitted to be worn in the facility. Beanies and head coverings may be worn inside the building. Religious headwear may be worn upon staff approval.
6. Pants/trousers must fit securely at or above the waistline.
7. No revealing clothing, including short shorts and miniskirts or low-cut tops.
8. Yoga pants/leggings and torn/sleeveless shirts (male and female) must be worn with additional outerwear to cover (except as noted).
9. Dresses and shorts cannot be shorter than 3” above the knee.
10. No clothing may be worn that illustrates drug, alcohol, violence, profanity, or graffiti or is considered to be provocative or sexually explicit.
11. Gang-related attire is strictly prohibited (including bandanas and other head gear).
12. All residents must wear shirts in common areas – sleeveless shirts are not permitted outside individual rooms (Except when using the exercise room or exercising in the outside recreation area).
13. When job searching, attire should be business casual, or job specific; Residential Re-Entry Specialists have the authority to deny a resident from leaving the facility if not properly dressed.
14. When on authorized absences, the above expectations apply.

FOOD, BEVERAGE AND DIETARY SUPPLEMENTS

To promote a clean living and working environment, the following allowances and restrictions of food, beverage and dietary supplements are in place.

Residents may have and store each of the following items:

1. One instant beverage such as: coffee, hot chocolate, tea (no loose leaf), and powdered creamers.
2. One 16 oz. bag of individually wrapped snack candy.
3. One powdered dietary supplement that is not identified as contraband per Bureau of Prisons Directives.
4. OTC medications (no liquids, sleep aids, or laxatives) Vitamins are acceptable – no liquid.

All items are to be stored in assigned lockers. To prevent attraction of pests and rodents, opened or unsealed packages are strictly prohibited and will be disposed of. Items more than what is allowed will be confiscated with the disposition of the items to be determined by a supervisor. A property receipt for the non-perishable confiscated items will be provided.

Food may only be consumed on the 1st floor or outdoor recreation area. Food consumption (except individually wrapped candies) anywhere on the second floor is prohibited. This prohibition prevents the attraction of pests and rodents in the common and sleeping areas of the living space.

Beverages may be consumed anywhere within the facility if they are in a container with an attached lid. Open beverage containers outside of the dining and patio areas are prohibited.

When bringing food, beverage and dietary supplement items into the facility, the packaging must be unopened and sealed as received by the manufacturer. The resident will discard any unapproved, opened or unsealed item attempted to be brought into the facility upon entry. A property receipt of the discarded items will not be provided.

Residents are prohibited from feeding any animals, wild or domestic, on NWRRC grounds.

FACILITY CHORES

All residents are assigned to a facility chore detail, which must be completed according to the posted schedule. Chores are assigned by Residential Re-Entry Specialists and completed by residents according to instructions. Completion of a chore requires staff approval and certification by the initials of staff. All morning chores shall be completed by 8:00 a.m. or prior to departing the facility. All evening chores will be completed during the 9:00 p.m. cleanup. Residents shall be restricted and/or given extra duties for not completing assigned chores. Repeated violations may result in sanctions that are more serious.

VISITING REGULATIONS

We encourage residents to visit with their families at NWRRC. To be allowed to visit on site, visitors over the age of 18 must complete a Visitor Application form and provide proper photo identification as a part of the application process. Acceptable identification documents are a valid Driver License, State ID, Military ID or Passport. Visitor Application forms can be found at the front Visitor's entrance, on the NWRRC website or can be provided in either paper or electronic form by your case manager.

The Director's Office must approve all visitors. Due to the background check process, the approval process can take 5 – 10 business days. Residents will be notified when approval or denial has been determined.

On-site visits between residents and their approved visitors may have a maximum of 4 visitors present per visit including children under the age of 18. Infants or children not yet capable of walking don't count against the limit. Groups of visitors over the maximum allowed will be denied. All visitors over the age of 18 must show accepted identification each time they visit the facility. A resident is allowed two visits per week (from Sunday to Saturday). Each visit has a maximum length of one hour. Visiting is subject to space availability. Due to availability and demand, residents may not be able to schedule a visit every week.

Residents are required to reserve a visiting time by coordinating with their assigned Case Manager and are responsible to make arrangements with their approved visitors. Approved visitors should arrive 5 minutes early to the visiting time to allow for processing in.

VISITING HOURS

Sunday	10 a.m. to 3 p.m.
Sunday	3 p.m. to 8 p.m. – no children under the age of 18 years old
Monday	5 p.m. to 8 p.m.
Tuesday	5 p.m. to 8 p.m.
Wednesday	5 p.m. to 8 p.m. – no children under the age of 18 years old
Thursday	5 p.m. to 8 p.m.
Friday	5 p.m. to 8 p.m.
Saturday and Observed Holidays	10 a.m. to 8 p.m.

VISITING PROCEDURES

1. All visitors' bags shall be stored in provided lockers upon entering the facility, at the visitors own risk.
2. Baby-care items shall be permitted as follows per child: two diapers, one clear bottle (plastic), one single layer blanket, one pacifier, and diaper wipes (in clear plastic bag). All items shall be subject to search.
3. Visitors who refuse to be searched will be asked to leave the facility and may be denied future visitation.
4. No visitor will be allowed in the facility if they are suspected of being under the influence of alcohol or drugs.
5. Visitors are allowed only in the designated visiting area. If a visitor leaves the facility for any reason the visit is terminated at that point. Once a visit begins, the resident may not leave the visiting area, or the visit will be terminated.
6. Staff will notify residents of a visitor's arrival.
7. Residents will assume responsibility for their visitors. If any visitor exhibits unacceptable behavior, the resident will be requested to ask the visitor to leave the facility. If the resident fails to ask the visitor to leave, staff will terminate the visit. Failure to leave will result in a referral to the Portland Police Bureau for arrest on criminal trespass charges.

8. Children under the age of 18 must be accompanied by an approved visitor.
9. Visitors must always keep their children with them. Failure to control their children while at the facility will result in termination of visiting privileges.
10. Physical contact must remain at a minimum and appropriate for a community corrections environment. Residents are to keep in mind that this is not a private residence and must act and always behave both responsibly and appropriately. Staff may terminate visitation privileges if there is any inappropriate contact.
11. The final determination as to whether behavior and/or clothing is appropriate, is up to staff discretion.
12. All residents will be searched after a visit has concluded.

Staff reserve the right to end visits at any time, based on facility needs or emergency situations.

IN-HOUSE VISITING

1. Male residents are not permitted in female resident rooms or gender-specific common areas and vice versa.
2. Resident to resident visiting may take place in gender-neutral common areas only.
3. It is strongly recommended that residents do not develop relationships with other residents.
4. Residents are not permitted in unassigned housing units or rooms.

TELEPHONE CALLS

There are telephones available in the Resource Room for the primary purpose of assisting unemployed residents in contacting potential employers. There is also a courtesy phone located on the second floor which may be used for appropriate personal communication. To ensure access, the following priority rules apply:

1. Residents should attempt to limit their calls to 15 minutes.
2. Telephone calls will not be made or received during times when the house is closed unless approved by staff.
3. Residents should not put their feet on the walls or write on the walls.
4. Residents are asked to be conscious of the requirement to respect the facility.
5. Residents found abusing the telephone area will receive disciplinary action and will be required to clean, repair, paint, and/or pay to restore the area.

MAIL

Mail will be issued during the afternoon hours except for packages and special/legal mail. Residents must sign to receive legal mail. All incoming special/legal mail must be opened and searched by staff in front of the resident prior to issuing. All incoming packages will be searched by staff & available to residents no later than 1 business day after arrival.

A resident's incoming mail will be opened and inspected for contraband. Based on legitimate interests of order and security, mail will be read and then approved or rejected. Residents will be notified when incoming mail is returned to sender or withheld.

Upon release or termination, only first-class and legal mail will be returned to the Post Office for forwarding to the address you have provided to the Postal Service. All second and third-class mail will be discarded. Residents need to send letters updating address information to friends and creditors when you release and let them know your release address.

Residents are prohibited from sending or receiving mail from any correctional facility, a former NWRRC resident or anyone with a felony record (other than official correspondence). This is considered contact with a known felon and is a violation of the program.

TELEVISION AND CURFEW

Residents are permitted to watch television in their gender-specific TV rooms during designated viewing hours. Designated television viewing hours are posted in each of the common areas.

Television shows and movies must be appropriate for viewing in a public facility. Shows that are offensive, show excessive violence, contain inappropriate sexual content, or focus on alcohol and drug use, will not be permitted in the facility. Any "R" rated or "Bootleg" movies are not permitted in the facility. The volume must remain at a level that cannot be heard outside of that TV room. Staff have the final discretion regarding content and volume level. Any failure to follow the rules will result in the loss of TV privileges.

NOISE LEVEL CONTROL

Loud, abusive, obscene, intimidating or threatening language will not be tolerated. Any resident exhibiting this type of behavior will be subject to immediate disciplinary action up to and including termination from the NWRRC program.

Loud music or explicit lyric music selections are not allowed at any time or in any form including phone ring tones (phones in the facility must remain on silent or vibrate). This includes CDs/cassettes, radio stations, music videos, etc. Explicit lyrics are defined as language or implications, which are abusive, obscene, degrading, racist or threatening.

FOOD SERVICE AND DINING ACCOMODATIONS

Dining Rules:

1. Residents are expected to arrive at meal services on time if they are in the facility and have no legitimate schedule conflicts. Meal service hours are posted in the dining room.
2. Residents are expected to clean up after themselves in the dining room.
3. Residents may not store served food or drinks; all served food must be consumed in the dining area or outside table area or will be thrown out. This includes food purchased in the vending machines.

Special Accommodations and Late Meals:

A resident who is out of the facility for approved work, programming, or medical destinations will receive consideration by NWRRC to accommodate a late meal. The following accommodation may be made:

1. If a resident leaves the facility before breakfast service hours, the resident may ask staff for cereal, toast, milk, peanut butter, jellies, and fruit prior to departure.
2. If a resident is out of the facility through breakfast service and returns to NWRRC before 10 a.m., the resident may ask staff for “cold” breakfast foods as described above upon return.
3. If a resident is out of the facility during lunch service, a sack lunch may be requested at the main security desk or kitchen when checking out prior to that meal.
4. If a resident is out of the facility during dinner service, a late meal may be requested by signing the Late Dinner Sign Up list located in the dining hall.
5. If a resident’s diet requires special accommodation for medical, dental, and/or religious reasons, a request for special meals may be considered by staff. A qualified physician or the BOP must provide supporting documentation/verification stating specific dietary needs.

FITNESS AND LAUNDRY ROOMS

The fitness and laundry rooms are accessible at any time, except when the house is closed.

Rules:

1. Do not leave laundry unattended for long periods of time.
2. Clean dryer lint traps after each use.
3. Leave fitness and laundry rooms clean and orderly.
4. Disinfect all fitness equipment before and after each use.

SAFETY AND EMERGENCY EVACUATION PROCEDURES

An emergency is defined as an imminent/immediate threat of danger to any resident, staff or property of NWRRC. All residents are expected to react with due care and caution when an emergency occurs. All staff may depend on your ability to act safely and expeditiously. Panic is contagious and usually is caused by people not aware of what action to take. Due to this, periodic emergency evacuation drills are conducted to assist everyone. Floor plans showing emergency evacuation routes, fire exits, and the location of fire extinguishers are posted at various locations throughout the facility. All residents must be familiar with this information for drills and real emergencies.

During emergencies or fire drills residents will:

1. Follow all instructions from staff.
2. Evacuate the facility within four minutes of the alarm, walking in a brisk manner.
3. Evacuate the facility immediately using the nearest emergency exit.
4. Immediately assemble outside the building at the evacuation assembly area along the sidewalk at the end of the parking lot next to 80th Ave.
5. When at the evacuation site, remain calm, quiet, and follow all directions given by staff.
6. **Smoking is prohibited in the evacuation assembly area. Violators will receive an IR.**

*****Failure to arrive for accountability will result in disciplinary action. There are no excuses for failing to evacuate the building during a fire alarm. If a resident is a heavy sleeper, arrangements must be made to be awakened. If in the shower, carefully grab a towel and clothes and exit the facility.**

EARTHQUAKE PROCEDURES

If located in the facility during an earthquake:

1. Drop, cover and hold on, stay in the building under a strong table, desk, or in a doorway (be aware of any swinging doors, if applicable).
2. Stay away from windows, outside walls, tall bookcases, and filing cabinets.
3. If it is a drill, you will need to stay where you are until staff has checked to see that you have reacted properly. The ending of the drill will be announced, and you will not need to move on to the next procedures. However, during a true earthquake, you will need to continue through these next steps:
4. Check yourself and others for injuries.
5. Be aware of falling debris, glass or electrical wires as you exit.
6. Assemble outside of the building at the evacuation assembly area at the end of the parking lot next to 80th Ave.

If located outside but on facility grounds during an earthquake:

1. Seek cover and protect yourself from falling bricks, glass, and other debris.
2. Move away from trees, signs, or downed power lines.
3. Check yourself and others for injuries.
4. Assemble outside of the building at the evacuation assembly area at the end of the parking lot next to 80th Ave.

If on an authorized absence or pass in the community at the time of an earthquake:

1. If near a building, get under cover and/or away from buildings if possible.
2. If in an open area, stay clear of falling debris.
3. Call the facility as soon as possible at (503) 546-0470 to inform staff of whereabouts and obtain instructions.

Chapter Four

Discipline

This handbook contains the prohibited acts imposed by the Federal Bureau of Prisons (Appendix C), as well as NWRRC rules and regulations. There is a wide range of sanctions that NWRRC may impose for committing a prohibited act and/or violating NWRRC rules. NWRRC utilizes a progressive disciplinary system, and most matters are settled informally at the lowest level possible to correct the behavior.

CONTRABAND LIST

The following lists are for quick reference purposes only and are not all-inclusive. **The lists are subject to change at any time.**

The obvious:

1. All drugs and related paraphernalia
2. Alcohol and related paraphernalia
3. Any item which is, or may be construed as a weapon
4. All mind and/or mood-altering substances/designer stimulants/synthetic cannabis
5. Prescriptions for Suboxone/Buprenorphine not prescribed to the individual

The not so obvious:

1. Unapproved checkbooks
2. Check written to you by unapproved sources
3. Credit or Debit cards in someone else's name or otherwise not approved
4. Bleach
5. Pointed metal nail files
6. Liquid fingernail polish remover with or without acetone
7. Padlocks not assigned by NWRRC
8. Extension cords
9. Candles or incense
10. Vinegar
11. Baking soda
12. Lottery tickets
13. Long and/or sharp scissors
14. Pocket knife
15. Kitchen knives
16. Medications not approved to be carried on person or stored in your room
17. Aluminum Foil
18. Explicit lyric music
19. Rated "R" movies
20. Laxatives (unless prescribed and approved for self-carry)

21. Sleep Aids
22. Mouthwash with alcohol
23. Non-alcoholic beer or wine
24. Any type of Kombucha
25. Excess property
26. Driver licenses or other identification not in resident's name
27. Any aerosol cans or other products
28. Any nicotine products other than manufacture-produced cigarettes, nicotine gum, nicotine lozenges or nicotine patches
29. Microwaves, coffee makers, warmers, or other kitchen-related appliances
30. Books, clothing, pictures, etc. depicting drugs, alcohol, weapons, sexual activity or pornography or depicting or suggesting discrimination to any race or gender.
31. External speaker device
32. Goldenseal
33. Gaming consoles or handheld gaming devices
34. Sex toys
35. Keys not authorized by NWRRC staff

UNAUTHORIZED SITUATIONS AND/OR AREA VIOLATIONS

1. Being in any area designated as unauthorized.
2. Being on the bed of another resident.
3. Being in a bedroom or dorm not assigned to you without staff permission.
4. Being in either the Women's Wing or Men's North Wing when not assigned to that area without staff permission.

Chapter Five

Miscellaneous Rules and Policies

- **Gambling:** No gambling of any kind is permitted by NWRRC residents including but not limited to the possession of, or playing of lottery or scratch tickets, digital gambling apps, sports betting.
- **Medications:** Most prescription medications must be kept in the medication room located in the second-floor staff office. Residents must follow the prescription instructions on the bottle. Over-the-counter medications must be turned into Residential Re-Entry Specialists for approval. The medication will be returned to you with a sticker with staff approval and date. All psychotropic medication is required to be taken exactly as prescribed every day, unless it is labeled “as needed” by the prescriber.
- **Contraband:** Any item that may be used as a weapon, drug paraphernalia. Any oral hygiene product containing alcohol, or any item deemed harmful to the best interest of the staff and/or residents may be confiscated (see contraband list).
- **Gratuities:** Staff may not accept gifts or services of any kind, no matter how slight, from any resident, their family members or visitors/sponsors. This includes the sharing of meals and/or exchange of money.
- **Facility Care:** The NWRRC facility is under constant scrutiny from the public, press, government officials, BOP, USPO, and contract supervisors. It is to your advantage, as well as your personal responsibility, to maintain strict standards in facility cleanliness. Please make every effort to complete chores well and thoroughly; from routinely picking up after yourself to keeping the facility looking as neat as possible. Every resident is expected to complete his or her chore and participate in designated night clean up.
- **Laundry:** There are ample washing and drying machines. Laundry soap is provided for residents. Residents can purchase their own liquid or pod-based laundry soap. For a list of acceptable brands please see your case manager. Bed linens and towels are issued at admission, and residents are responsible for laundering their own bed linens and towels.
- **Wake ups:** Residents are responsible for waking up and getting to work on time. It is not the duty of the staff to awaken a resident or to get residents out of bed on time. All residents must be awake, and beds made by 8:00 am unless employed on a graveyard shift.
- **Visits to other institutions:** Residents are not allowed to visit work release facilities, jails or prisons without prior authorization from a case manager, BOP, or USPO.

- **Pets:** Residents and visitors are not allowed to have animals in the facility or on the property.
- **Property:** Exchanging clothing or other personal belongings between residents is prohibited without staff approval. Damaging another resident's personal belongings or damaging property of NWRRC is prohibited.
- **Travel:** Residents will have access to a bus pass at no cost until they become employed. If a bus pass is lost, the resident is responsible for the replacement by paying the prorated monthly value of the pass. If a resident is unemployed, the resident may perform additional chore duties; up to one hour for each dollar owed. Access to bus passes may be revoked or limited for cause by staff.
- **Curfew:** Community access is restricted to confirmed work and mandatory treatment from 6:00 a.m. to 9:00 p.m. Residents in the facility are expected to be in their bed between 12am – 4am Sunday – Thursday, 1am – 4am Friday and Saturday.
- **Safety Data Sheets (SDS):** All chemicals, including powders and liquids, will have SDS before entry into the facility. SDS are retained in the cleaning supply rooms and are available for your immediate use.
- **Common Areas:** Sleeping is not permitted in common areas.
- **Communication with felons:** NWRRC residents are prohibited from communication with known felons outside of the program. This includes but is not limited to mail, telephone, email, verbal and messaging services.

Attachment A
Resident Property Matrix

NWRRC Property Matrix Limit	
Item	Quantity Allowed
Clothing	
Belts	2
Hat/Cap/Doorag/Headbands	4
Shirts	15
Hoodies/Jackets/Outerwear	4
Shoes/Boots/Flip-flops	5
Shower Shoes	1
Pants/Shorts	10
Undershirts/Bras	6
Underwear	10
Work Pants	5
Work Shirts	5
Personal Hygiene	
Aftershave/Cologne/Perfume	2
Cotton Swab Pack	1
Disposable razors	10
Shaving Cream Canister	1
Make-up	15 items
Shampoo, Conditioner, Hair Products (32 oz. limit)	5 Total
Hair Clippers	1 Set
Toothbrush	1
Toothpaste	2 tubes
Washrags/Towels	3
Hair Dryer	1
Supplements	
Protein Powder	No more than 5 lbs.
Vitamins / Supplements	5 total bottles
Electronics	
Cellphone	1
Tablet	1
Computer	1
Headphones	2 pairs
Miscellaneous	
Bicycle	1
Vehicle	1
Backpack	1
Purse/Wallet	1
Plastic Hangers	30
Musical Instrument*	1
Tupperware	1 Bowl and Lid
Jewelry	8 items
Cash	No more than \$250

*Must be approved by Security Supervisor

Attachment B

FEDERAL BUREAU OF PRISONS

PROHIBITED ACTS AND DISCIPLINARY SEVERITY SCALE

The Center Discipline Committee (CDC) shall refer all Greatest Severity Prohibited Acts to the Disciplinary Hearings Officer (DHO) with recommendations as to an appropriate disposition.

Note to CDC Chairman. Choice of recommended sanction must coincide with the severity of the infraction. Normally, the more severe infractions should carry greater penalties than those in the lower severity levels. Sanctions A, B, C, D, and F require DHO Certification prior to the imposition.

The Regional Reentry Manager may increase the severity of the sanctions(s) recommended but may not exceed the ranges specified. More than one sanction may be imposed for a particular infraction.

Severity Range

100=Greatest

200=High

300=Moderate

400=Low

PROHIBITED ACTS AND AVAILABLE SANCTIONS

GREATEST SEVERITY PROHIBITED ACTS

- 100 Killing
- 101 Assaulting any person, or an armed assault on the institution's secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished)
- 102 Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution
- 103 Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329)
- 104 Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon
- 105 Rioting
- 106 Encouraging others to riot

- 107 Taking hostage(s)
- 108 Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).
- 110 Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing
- 111 Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff
- 112 Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff
- 113 Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff
- 114 Sexual assault of any person, involving non-consensual touching by force or threat of force
- 115 Destroying and/or disposing of any item during a search or attempt to search
- 196 Use of the mail for an illegal purpose or to commit further a Greatest category prohibited act
- 197 Use of the telephone for an illegal purpose or to commit or further a Greatest category prohibited act
- 198 Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts
- 199 Conduct which disrupts or interferes with the security or orderly running of the institution of the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts

AVAILABLE SANCTIONS FOR GREATEST SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended)
- B.1 Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended)

- C. Disciplinary segregation (up to 12 months)
- D. Make monetary restitution
- E. Monetary fine
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation)
- G. Change housing (quarters)
- H. Remove from program and/or group activity
- I. Loss of job
- J. Impound inmate's personal property
- K. Confiscate contraband
- L. Restrict to quarters
- M. Extra duty.

HIGH SEVERITY LEVEL PROHIBITED ACTS

- 200 Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours
- 201 Fighting with another person
- 203 Threatening another with bodily harm or any other offense
- 204 Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing
- 205 Engaging in sexual acts
- 206 Making sexual proposals or threats to another
- 207 Wearing a disguise or a mask
- 208 Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (including keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure
- 209 Adulteration of any food or drink
- 210 (Not to be used)
- 211 Possessing any officer's or staff clothing
- 212 Engaging in or encouraging a group demonstration
- 213 Encouraging others to refuse to work, or to participate in a work stoppage
- 216 Giving or offering an official or staff member a bribe, or anything of value
- 217 Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose

- 218 Destroying, altering, or damaging government property, or the property of another person, having a value in excess of \$100.00, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value
- 219 Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored)
- 220 Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff)
- 221 Being in an unauthorized area with a person of the opposite sex without staff permission.
- 224 Assaulting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate)
- 225 Stalking another person through repeated behavior which harasses, alarms, or annoys the person, after having been previously warned to stop such conduct
- 226 Possession of stolen property
- 227 Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis)
- 228 Tattooing or self-mutilation
- 229 Sexual assault of any person, involving non-consensual touching without force or threat of force
- 231 Requesting, demanding, pressuring, or otherwise intentionally creating a situation, which causes an inmate to produce or display his/her own court documents for any unauthorized purpose to another inmate
- 296 Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence)
- 297 Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act

- 298 Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts
- 299 Conduct which disrupts or interferes with the security or orderly running of the institution of the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts

AVAILABLE SANCTIONS FOR HIGH SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended)
- B.1. Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended)
- C. Disciplinary segregation (up to 6 months)
- D. Make monetary restitution
- E. Monetary fine
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation)
- G. Change housing (quarters)
- H. Remove from program and/or group activity
- I. Loss of job
- J. Impound inmate’s personal property
- K. Confiscate contraband
- L. Restrict to quarters
- M. Extra duty

MODERATE SEVERITY LEVEL PROHIBITED ACTS

- 300 Indecent Exposure
- 302 Misuse of authorized medication
- 303 Possession of money or currency, unless specifically authorized, or in excess of amount authorized
- 304 Loan of property or anything of value for profit or increased return
- 305 Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels
- 306 Refusing to work or to accept a program assignment
- 307 Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g. failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an

order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110)

- 308 Violating a condition of a furlough
- 309 Violating a condition of a community program
- 310 Unexcused absence from work as instructed by the supervisor
- 311 Failing to perform work as instructed by the supervisor
- 312 Insolence towards a staff member
- 313 Lying or providing a false statement to a staff member
- 314 Counterfeiting, forging, or authorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102)
- 315 Participating in an unauthorized meeting or gathering
- 316 Being in an unauthorized area without staff authorization
- 317 Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards)
- 318 Using any equipment or machinery without staff authorization
- 319 Using any equipment or machinery contrary to instructions or posted safety standards
- 320 Failing to stand count
- 321 Interfering with the taking of count
- 324 Gambling
- 325 Preparing or conducting a gambling pool
- 326 Possession of gambling paraphernalia
- 327 Unauthorized contacts with the public
- 328 Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization
- 329 Destroying, altering, or damaging government property, or the property of another person, having a value of \$100.00 or less

- 330 Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards
- 331 Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harms to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements)
- 332 Smoking where prohibited
- 333 Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test)
- 334 Conducting a business; conducting or directing an investment transaction without staff authorization
- 335 Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation
- 336 Circulating a petition
- 396 Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act
- 397 Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act
- 398 Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts
- 399 Conduct which disrupts or interferes with the security or orderly running of the institution of the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts

AVAILABLE SANCTIONS FOR MODERATE SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended)

- B.1. Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended)
- C. Disciplinary segregation (up to 3 months)
- D. Make monetary restitution
- E. Monetary fine
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation)
- G. Change housing (quarters)
- H. Remove from program and/or group activity
- I. Loss of job
- J. Impound inmate's personal property
- K. Confiscate contraband
- L. Restrict to quarters
- N. Extra duty

LOW SEVERITY LEVEL PROHIBITED ACTS

- 402 Malingering, feigning illness
- 404 Using abusing or obscene language
- 407 Conduct with a visitor in violation of Bureau regulations
- 409 Unauthorized physical contacts (e.g., kissing, embracing)
- 498 Interfering with a staff member in the performance of duties most like another low severity prohibited act. This charge is to be used only when another charge of low severity is not accurate. The offending conduct must be charged as "most like" one of the listed low severity prohibited acts
- 499 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another low severity prohibited act. This charge is to be used only when another charge of low severity is not accurate. The offending conduct must be charged as "most like" one of the listed Low severity prohibited acts

AVAILABLE SANCTIONS FOR LOW SEVERITY LEVEL PROHIBITED ACTS

- B.1. Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended)
- D. Make monetary restitution
- E. Monetary fine
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation)
- G. Change housing (quarters)
- H. Remove from program and/or group activity
- I. Loss of job
- J. Impound inmate's personal property
- K. Confiscate contraband

- L. Restrict to quarters
- M. Extra duty

ADDITIONAL AVAILABLE SANCTIONS FOR REPEATED PROHIBITED ACTS WITHIN THE SAME SEVERITY LEVEL

Prohibited Act Severity Level	Time Period for Prior Offense (same code)	Frequency of Repeated Offense	Additional Available Sanctions
Low Severity (400 Level)	6 months	2nd offense	1. Disciplinary segregation (up to 1 month). 2. Forfeit earned SGT or non-vested GCT up to 10% or up to 15 days, whichever is less, and/or terminate or disallow extra good time (EGT) (an EGT sanction may not be suspended).
		3rd or more offense	Any available Moderate severity level sanction (300 series).
Moderate Severity (300 Level)	12 months	2nd offense	1. Disciplinary segregation (up to 6 months). 2. Forfeit earned SGT or non-vested GCT up to 37 1/2% or up to 45 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended).
		3rd or more offense	Any available High severity level sanction (200 series).
High Severity (200 level)	18 months	2nd offense	1. Disciplinary segregation (up to 12 months). 2. Forfeit earned SGT or non-vested GCT up to 75% or up to 90 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended).
		3rd or more offense	Any available Greatest severity level sanction (100 series).
Greatest severity (100 level)	24 months	2nd or more offense	Disciplinary Segregation (up to 18 months).